

# Übersicht Pausenregelung Heinrich-Schliemann-Gymnasium

Stand: 15.07.25

Stundenplan				Kurzstundenplan			
Band 1		Band 2		Band 1		Band 2	
<u>Klassen: 5, 7, 8, 10</u>		<u>Klassen: 6, 9, 11, 12, wiko</u>		<u>Klassen: 5, 7, 8, 10</u>		<u>Klassen: 6, 9, 11, 12, wiko</u>	
1. Std	08:00 – 08:45	1. Std	08:00 – 08:45	1. Std	08:00 – 08:30	1. Std	08:00 – 08:30
2. Std	08:45 – 09:30	2. Std	08:45 – 09:30	2. Std	08:30 – 09:00	2. Std	08:30 – 09:00
Frühstückspause	09:30 – 09:55	Frühstückspause	09:30 – 09:55	Frühstückspause	09:00 – 09:25	Frühstückspause	09:00 – 09:25
3. Std	09:55 – 10:40	3. Std	09:55 – 10:40	3. Std	09:25 – 10:05	3. Std	09:25 – 09:55
Wechsellpause	10:40 – 10:55	4. Std	10:40 – 11:25	Wechsellpause	10:05 – 10:20	4. Std	09:55 – 10:25
4. Std	10:55 – 11:40	Hofpause/ Essenspause	11:25 – 11:55	4. Std	10:20 – 10:50	Wechsellpause	10:25 – 10:40
5. Std	11:40 – 12:25	5. Std	11:55 – 12:40	5. Std	10:50 – 11:20	5. Std	10:40 – 11:20
Hofpause/ Essenspause	12:25 – 12:55	Wechsellpause	12:40 – 12:55	Wechsellpause	11:20 – 11:35	Hofpause/ Essenspause	11:20 – 11:50
6. Std	12:55 – 13:40	6. Std	12:55 – 13:40	6. Std	11:35 – 12:15	6. Std	11:50 – 12:30
Wechsellpause	13:40 – 13:55	Wechsellpause	13:40 – 13:55	Hofpause/ Essenspause	12:15 – 12:45	Wechsellpause	12:30 – 12:45
7. Std	13:55 – 14:40	7. Std	13:55 – 14:40	7. Std	12:45 – 13:25	7. Std	12:45 – 13:25
Wechsellpause	14:40 – 14:55	Wechsellpause	14:40 – 14:55	Wechsellpause	13:25 – 13:40	Wechsellpause	13:25 – 13:40
8. Std	14:55 – 15:40	8. Std	14:55 – 15:40	8. Std	13:40 – 14:20	8. Std	13:40 – 14:20
Wechsellpause	15:40 – 15:55	Wechsellpause	15:40 – 15:55	Wechsellpause	14:20 – 14:35	Wechsellpause	14:20 – 14:35
9. Std	15:55 – 16:40	9. Std	15:55 – 16:40	9. Std	14:35 – 15:05	9. Std	14:35 – 15:05
10. Std	16:40 – 17:25	10. Std	16:40 – 17:25	10. Std	15:05 – 15:35	10. Std	15:05 – 15:35